

# Diocese of Colorado Springs Respect Life Apostolate



## Pro-Life Ministry Resources Guide

May 21, 2026

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# Pregnancy Testing, Counseling, Housing, and Support

Please refer anyone seeking support, with a confirmed or suspected pregnancy, to one or more of these organizations:

1. If in need of a pregnancy test, pregnancy counseling, STD testing, and/or material resources:

a. In Colorado Springs:

i. Life Network Pregnancy Centers ([www.elifenetwork.com](http://www.elifenetwork.com)):

1. Galley Rd. (near the Citadel Mall)

a. 3700 Galley Road, Colorado Springs, CO 80909

b. Call 719.591.2724

2. West side

a. 3925 N. Centennial Blvd., Colorado Springs, CO 80907

b. Call 719.623.2870

3. Fountain

a. 97 Widefield Blvd., Colorado Springs, CO 80911

b. Call 719.591.5221

4. East Side

a. 7165 Meridian Road, Peyton, CO 80831

b. Call 719.623.2488

b. In the Denver area:

i. Marisol Health (<https://ccdenver.org/marisol-health/>)

1. Denver

a. 3894 Olive Street, Denver, CO

b. Call 303.731.6130 or 303.320.8352

ii. Alternatives Pregnancy Center (<https://YouHaveAlternatives.org>)

1. Englewood

a. 23 Inverness Way East, Ste. 101B, Englewood, CO

2. Aurora

a. 14221 E. 4<sup>th</sup> Ave., #330, Aurora, CO

3. Contact for both:

a. Call 303.295.2288 (24 hr. Helpline)

b. Email [Mail@YouHaveAlternatives.org](mailto:Mail@YouHaveAlternatives.org)

c. In Castle Rock:

i. Catholic Charities of Central Colorado - Castle Rock  
([www.ccharitiescc.org/castle-rock-office](http://www.ccharitiescc.org/castle-rock-office))

1. 410 S. Wilcox St., #102, Castle Rock, CO

a. Call 720.215.4521

b. Email [croffice@ccharitiescc.org](mailto:croffice@ccharitiescc.org)

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# Pregnancy Testing, Counseling, Housing, and Support (continued)

## d. In Buena Vista:

- i. Buena Vista Pregnancy Center (<https://www.bvlifechoices.com/>)
  - 1. 28350 C.R. 317 Suite #12, Buena Vista, CO 81211
    - a. Call 719.395.6703
    - b. 24/7 Hotline 800.712.HELP (4357)

## e. In Salida

- i. Salida Pregnancy Resource Center (<https://www.salidapregnancycenter.com/>)
  - 1. 215 E. 3<sup>rd</sup> Street, Salida, CO 81201
    - a. Call 719.539.7436
    - b. 24/7 Hotline 800.712.HELP (4357)

## 2. If pregnant and in need of housing (for the expectant mother and for any other children):

### a. In Colorado Springs:

- i. Mater Filius (<https://materfiliuscs.org>)
  - 1. 8773 Scarborough Drive, Colorado Springs, CO 80920
    - a. Call 719.900.2801
    - b. Email [Info@MaterFiliusCS.org](mailto:Info@MaterFiliusCS.org)

### b. In the Denver area:

- i. Marisol Homes
  - 1. Contact: <https://ccdenver.org/marisol-homes/>

## 3. If pregnant or parenting and in need of spiritual or emotional support, or help accessing material resources:

- a. Walking with Moms in Need (<https://www.diocs.org/Respect-Life-Apostolate/Walking-with-Moms-in-Need/I-am-a-Pregnant-Woman-in-Need>)
  - i. Call or text 720.819.6735
- b. Family Connections Services is a Catholic Charities Central Colorado ministry that engages with families experiencing poverty, social isolation, and housing instability in a strength-based relational model to help them with their unique needs and goals, walking with clients from crisis and vulnerability to safe, stable, and thriving families. (<https://www.ccharitiescc.org/get-help/family-services/>)
  - i. 917 E. Moreno Ave., Colorado Springs, CO 80903
  - ii. 601 S. Institute, Colorado Springs, CO 80903 (Family Learning Center)
    - 1. Appointments required. Call 719.578.1222

# Abortion Recovery Support

Please refer anyone seeking post abortion healing, counseling, or support to one or more of these ministries:

## 1. In Colorado Springs:

- a. Project Rachel ([www.hopeafterabortion.com](http://www.hopeafterabortion.com))
  - i. Call or text 719.203.8112 – Project Rachel Helpline
  - ii. Call or text 719.866.6544 – Rhonda Miller, Project Rachel Director
- b. Life Network – Bridges of Hope (<https://www.elifenetwork.com/outreaches/bridges-of-hope/>)
  - i. Call 719.355.1177
  - ii. Email [boh@elifenetwork.com](mailto:boh@elifenetwork.com)

## 2. In the Denver area:

- a. Rachel’s Vineyard Colorado ([www.rvrcolorado.org](http://www.rvrcolorado.org))
  - i. Call / text Lori Frank 303.904.7414 or email [lfrank.rvr@gmail.com](mailto:lfrank.rvr@gmail.com)
  - ii. Call / text Pam Garcia 720.936.0953 or email [pammysbutterfly@gmail.com](mailto:pammysbutterfly@gmail.com)
- b. Silent No More Awareness ([www.SilentNoMoreAwareness.org](http://www.SilentNoMoreAwareness.org))

## 3. Catholic clergy resources / Confessor’s Guide

- a. A Priest’s Guide to Hearing the Confession of Abortion
  - i. Available from Project Rachel ([www.hopeafterabortion.com](http://www.hopeafterabortion.com))
  - ii. Hard copies in stock in Respect Life Office
- b. The Jericho Plan: Breaking Down the Walls Which Prevent Post-Abortion Healing by David C. Reardon
  - i. Available for all priests from the Diocese of Colorado Springs, Office of Respect Life

# Miscarriage and Infant Loss Support

Please refer anyone seeking healing from miscarriage and infant loss, including miscarriage delivery aids\*, Memorial Masses, burial, cremation, counseling, infertility and prenatal diagnoses, and support to:

1. Heart of My Heart Miscarriage and Infant Loss Support Ministry  
(<https://www.diocs.org/Offices/Respect-Life-Apostolate/Miscarriage-and-Infant-Loss-Support>)
  - a. Contact: please fill out a contact form at above link or contact Latisha (see below)
  - b. Support available:
    - i. Miscarriage Delivery Aids
      1. When a miscarriage occurs at home, a delivery aid, made up of a few ordinary items can help you recover your child's remains for a reverent burial.
      2. Miscarriage delivery aids are available to be kept in stock at all parish offices for women currently experiencing a miscarriage who need them quickly. Please ask your parish Respect Life Coordinator to obtain some or contact Latisha Cronin, the Diocesan Volunteer Director of Heart of My Heart.
        - a. Call 720.649.0787
        - b. Email [lcronin@diocs.org](mailto:lcronin@diocs.org)
    - ii. Burial and Cremation
      1. Burial gowns, tiny caskets, and local cemetery and columbaria information.
      2. For any of the above, contact Latisha Cronin.
    - iii. Memorial Masses
      1. Annually usually on a Friday evening in October at Holy Apostles.
      2. Contact Respect Life Office for more details 719.866.6478.
    - iv. Questions about the Experience of Miscarriage
      1. Catholic Herald Articles
      2. Preservation of Your Child's Remains
      3. Guidance from Church Teaching
      4. All the above and additional information, here:  
(<https://www.diocs.org/Offices/Respect-Life-Apostolate/Miscarriage-and-Infant-Loss-Support>)
    - v. Local Counseling Options
      1. The Great Physician wants you to come to Him for healing. Sometimes that means seeking professional counseling, with a genuinely Catholic counselor.
      2. Small post miscarriage healing group - contact Latisha  
[lcronin@diocs.org](mailto:lcronin@diocs.org)
    - vi. Infertility & Prenatal Diagnoses
      1. Even when bearing the cross of miscarriage, infertility or prenatal diagnoses, there is hope and help available.
      2. See USCCB resources or contact Marriage & Family Life Ministry.

# Prenatal Diagnoses / Hospice / End of Life Issues

1. Teachings of the Catholic Church
  - a. United States Catholic Conference of Bishops (USCCB) Guidelines:
    - i. Prenatal diagnoses: <https://www.usccb.org/prenatal-diagnosis>
    - ii. End of life: <https://www.usccb.org/prolife/end-life>
  - b. Diocese of Colorado Springs - Medical Decisions and End of Life Care:  
(<https://www.diocsc.org/Offices/Respect-Life-Apostolate/Church-Teachings/End-of-Life>)
    - i. All Human Life
    - ii. Beginning of Life
    - iii. End of Life
      1. Life Sustaining Treatment
      2. Euthanasia
      3. Physician Assisted Suicide
      4. Death Penalty
  - c. Additional Resources available at National Catholic Bioethics Center  
<https://www.ncbcenter.org/>
2. Support
  - a. Mama Bear Care provides support for families who receive a life-limiting diagnosis for their babies. <https://mamabearcare.org/>
    - i. From Diagnosis to Delivery
    - ii. From Heartache to Hope
3. Legal Documents
  - a. Catholic Medical Durable Power of Attorney, etc.
    - i. Contact the Respect Life Apostolate of the Diocese of Colorado Springs
      1. Call 719.866.6478

## Legislative Issues on Life

1. Colorado Catholic Conference (CCC) ([www.cocatholic.org](http://www.cocatholic.org))
  - a. "The Colorado Catholic Conference is the united voice of the Catholic bishops and serves to uphold the dignity of human life and the common good in public policy. The Colorado bishops affirm that sanctity of life is the preeminent issue concerning the Church in Colorado, especially concerning lives of preborn children, and continue to advocate against abortion and for life-affirming policy, as well as support thousands of mothers, children, and families annually. Human life must be protected at all stages, from conception until natural death."
    - i. Bishop's Letters
    - ii. Conference Statements & Testimony
    - iii. Legislative Bills & Analysis
  - b. Contact:
    - i. 1535 Logan Street, Denver, CO 80203
    - ii. Call 303.894.8808
    - iii. Email [ccc@cocatholic.org](mailto:ccc@cocatholic.org)

## Marches for Life

1. Colorado Springs - Rocky Mountain March for Life
  - a. Sponsored by the St. Mary's High School Students for Life and the Respect Life Apostolate on MLK Jr. Day in January every year.
  - b. Prayer and speakers beginning at 9:00am at the sidewalk near Planned Parenthood, followed by a Eucharistic procession to Corpus Christi Catholic Church, noon Mass, and lunch.
2. Denver - Colorado March for Life
  - a. Second Friday in April (or as designated)
  - b. Sponsored by March for Life & Pro-Life Colorado Coalition
  - c. Colorado State Capitol
  - d. Diocese Respect Life Office sponsors a bus to the March from Colorado Springs.
3. National - March for Life in Washington DC (<https://marchforlife.org/>)
  - a. Annually on a Friday near the 22 January Roe v. Wade anniversary
  - b. Periodically Diocese Respect Life leads a group of youth on this pilgrimage.

## Education

1. Pikes Peak Citizens for Life ([www.ppcitizensforlife.org](http://www.ppcitizensforlife.org))
  - a. Mission
    - i. Pikes Peak Citizens for Life is dedicated to fostering a culture of life in Colorado Springs and beyond. Our mission is to educate and empower individuals to make informed choices that respect and uphold the sanctity of life at all stages.
    - ii. Since our founding, we have been at the forefront of pro-life advocacy, organizing marches, rallies, and educational campaigns to raise awareness and support for life-affirming causes. We work tirelessly to influence legislation at the federal, state, and city levels, advocating for laws that protect the unborn and uphold the dignity of all human life.
    - iii. Through our newsletters, billboards, and community outreach, we strive to create a compassionate and informed community that values life in all its forms.
  - b. Activities
    - i. Education
    - ii. Monthly E-Newsletters
    - iii. Local Events
    - iv. Public Advocacy
  - c. Contact
    - i. Call 719.630.1999
    - ii. Submit online form at: <https://ppc4life.com/>
2. Respect Life Apostolate (<https://www.diocs.org/Offices/Respect-Life-Apostolate/>)
  - a. Mission
    - i. The Diocese of Colorado Springs Respect Life Apostolate organizes and promotes events that foster a greater understanding of the Catholic church's teachings to respect life in all its phases.
  - b. Contact
    - i. Call 719.866.6478

# Public Pro-Life Advocacy / Outreach / Counseling / Prayer

1. Sidewalk Advocates for Life (<https://sidewalkadvocates.org/>)
  - a. A peaceful, prayerful, loving and law-abiding sidewalk outreach outside of the local abortion facility.
    - i. Training provided. If interested in volunteering, contact Julie Bailey
      1. Call 410.578.4471
      2. Email [jbailey@diocs.org](mailto:jbailey@diocs.org)
2. 40 Days for Life (<https://www.40daysforlife.com/en/coloradosprings>)
  - a. An internationally coordinated biannual 40-day campaign that aims to end abortion locally through prayer and fasting, community outreach, and a peaceful all-day vigil in front of abortion businesses.
  - b. Colorado Springs is known as a 365 40DFL location which means we try to have a prayerful, peaceful presence on the sidewalk in front of the Planned Parenthood at 3480 Centennial Blvd during all the hours they are open.
  - c. Contact the Colorado Springs local leader: Sarah Krivanek
    1. Email: [40daysforlifecos@gmail.com](mailto:40daysforlifecos@gmail.com)
    2. Or sign up here: <https://www.40daysforlife.com/en/local-campaigns/colorado-springs/>